

RADICLE

Empowering and supporting young
homeless mothers and babies,
vulnerable older people and
disadvantaged young families

www.radicle.org.uk



Annual Review 2010-11

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Our mission, values and aims

RADICLE is a service-providing organisation with Christian social justice roots which provides practical and emotional community-based support services for isolated and vulnerable people; empowering them for independent living and responsible citizenship through direct support services, prevention work, education, affirmation and peer support. These services are accessible to people of any faith or none.

Our mission:

To empower and support London's vulnerable and disadvantaged by:

- involving them in life-enhancing activities
- empowering them to take control of their lives and responsibilities
- engaging with them as whole persons.

Our values:

- we carry out our work with respect, equality, dignity, tolerance and compassion
- we work alongside people, not 'do it for or to' them
- we are partners together, building better communities.

Our aims:

- to show our commitment to social justice and equality based on Christian values
- to support people in meeting their physical, mental, emotional and spiritual needs in practical ways
- to respond to emerging needs.

Welcome

Thank you for taking the time to read this review of RADICLE's past year. In common with all charities who deliver services and contract with local authorities, we have been directly affected by statutory budget cuts. Our trustees are closely monitoring the situation and working with staff to adapt the organisation both in response to, and in anticipation of, the changing environment.

During the past financial year we have regularly reviewed our budget and made a number of economies. They include reducing staff hours, not replacing staff who left and keeping expenditure to the minimum. As a result, we have managed to slightly increase our reserves to help us through the tough times ahead.

As always, our overall aim is to help our service users to improve their lives by continuing to provide high quality services. On pps 4-9 of this review you can read about some of the highlights of this year across our services. None of this would be possible without the hard work and dedication of the staff team and Trustees and the generous support of our funders and partners who are listed on p11. We are enormously grateful for the commitment of all of these people. Increasingly, we will need to rely on voluntary contributions. If you are able to support our work, please go to our website at www.radicle.org.uk to make a donation.

Thank you.

Judy Barrett,
Chair of Trustees

Michael Ryan,
Director

Where we work

RADICLE is responsible for the following services:

London Borough of Tower Hamlets

In Whitechapel E1:

Whitechapel Family Centre – residential scheme with eight rooms

Head Office

In Bethnal Green E2:

St James the Less – lunch club for older people (closed April 2011)

London Borough of Hounslow

In Chiswick W4:

St Margaret's House – residential service (closed March 2011)

St Agnes' House – residential service

Elm Court – residential service

Chiswick Children's Centre (Barrowgate Road service ceased March 2011)

In Hounslow TW3:

Hanworth Road – residential service

London Borough of Westminster

In Pimlico SW1:

St Margaret's Drop-in centre for older people

In Marylebone NW8:

Church Street Drop-in centre for older people

Church Street nursery & crèche

In West Kilburn W9:

Bravington Rd – residential service

London Borough of Hillingdon

In South Ruislip HA4:

Queens Walk – residential service (contract ended February 2011)

Young people services

RADICLE provides accommodation and support to homeless young mothers and their babies. We work in five houses in London E1, W4 (x 2), TW3 and W9. Our aim is for the mothers to have the abilities and contacts they need for confident parenthood and independent living once they leave our care.

Last year we supported 60 young homeless mothers and their babies to move on to live independently. 50% described themselves as White British, 75% were 16-21 years old.

Shakira* moved into RADICLE's house in Tower Hamlets one cold night with very few possessions. She was eight months pregnant and looked very tired and drawn. When she hesitantly asked if she could borrow a tin opener our Support Worker was immediately concerned about her diet. A few gentle questions revealed that Shakira had been entirely dependent on her partner who had managed all her money.

During the pregnancy he had become aggressive towards her. Frightened for the baby, she had left in a hurry and had no cash to buy food. The Support Worker took her to a supermarket and bought her provisions for the next few days.

Once Shakira was settled in she also helped to arrange her finances so her partner no longer had control over her income. When the baby was born Shakira was anxious to rebuild her relationship with her partner. Our Support Worker met with Shakira and her social worker to discuss access and Shakira decided that her partner could visit her and the baby only during the day. Shakira is learning that she needs to be independent for the sake of her baby son but she hopes that she and her partner can live together again in the future.

case study

**Names and some details have been changed to maintain confidentiality*



Highlights of 2010/11 included:

- A 10% increase in occupancy demonstrating an increase in the need.
- Professional photographer Sarah Ainslie ran workshops with young parents at our house in Whitechapel. Some of the resulting photographs were exhibited at the Idea Store on Whitechapel High Street.
- Thanks to voluntary funding we installed PCs for residents in several of our houses.
- BlueBay Asset Management staff ran an IT training session for our Support Staff to help them use the new IT equipment and software.
- Volunteers from Salesforce.com painted the lounge and hall at our house in Hanworth Road and voluntary income paid for new sofas and soft furnishings.
- At our house in Whitechapel we hung new curtains to keep the warmth in and the cold out, thanks to generous donors including The Besom and Church Welfare Association.
- In response to requests from residents, we have introduced occasional overnight stays for partners at some of our houses. Now young women can have their partners support when they need it, particularly after the birth.
- We encourage the mothers to build and maintain good relationships with their baby's father. We held our first fathers and partners day for residents to emphasise the importance of fathers and partners in a child's life.

Older people services

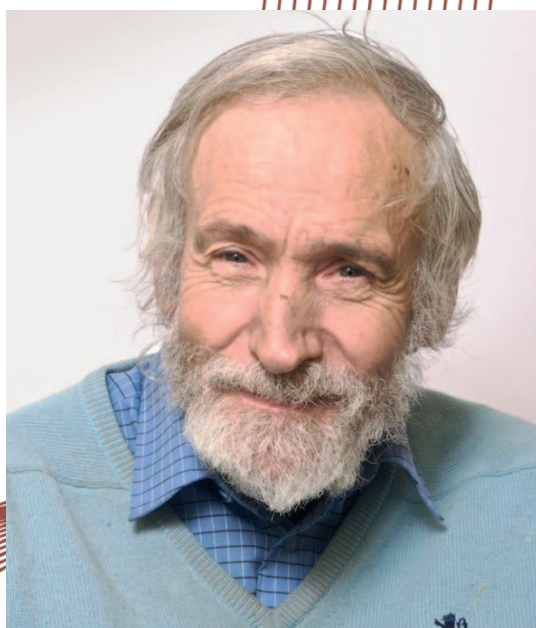
At our three services in London SW1, NW8 and E2 we provide a nutritious meal, independent support, advice and a range of free activities to improve mental and physical wellbeing. No membership is required.

Last year 700 older people enjoyed lunch, took part in activities, met friends or accessed help and advice.

case study

Our Centres welcome everyone without judging or labelling. For people with a history of intervention by health professionals this is especially appreciated.

A new client this year at Church Street Drop-in Centre is a man in his 70s who had experienced several years of rough sleeping but now lives in a local hostel. He has started to come in for a cup of tea towards the end of the day when the Centre is quiet. He is gradually getting to know and trust a few people. Staff are confident that, given time, he will engage more and hopefully take part in some of the activities to improve his health.



Highlights of 2010/11 included:

- Thanks to a grant from Awards for All England to St James the Less lunch club, the attendance increased and they had new tablecloths and cutlery.
- The sewing club at St Margarets Drop-in Centre completed a beautiful patchwork quilt which is now framed and decorates the Centre.
- Canary Wharf Group gave out easter eggs to the older people at St James the Less Lunch Club.
- A volunteer from the Asian community demonstrated henna patterns on the hands and nails of older people at Church Street Drop-in Centre.
- Church Street Drop-in Centre bought a set of Braille dominos to enable a blind client to challenge other members to a game.
- Volunteers from Salesforce.com organised a tea party at a local hall for 40 older people with a raffle, quiz, singing and delicious cupcakes.
- Volunteers from RBS provided gifts and entertainment at the St James the Less Christmas party.
- 50 people attended a tea dance organised by St Margarets Drop-in Centre and enjoyed a delicious tea with dancing.
- We said a fond farewell to Edna Powell, Manager at St Margarets Drop-in Centre for almost 30 years. Edna's excellent work was recognised when she won a 2010 Living City Award from Westminster City Council celebrating those 'who strive for better services, a better environment, and a more pleasant neighbourhood for everyone to enjoy.'

Children and family services

In Church Street Nursery London NW8 and at Chiswick Children's Centre, London W4 RADICLE provides access to education, social and health services that are appropriate, affordable and sustainable for children aged under 5 and their families.

Last year we supported 150 families in their local community.

case study

When three year old D started at Church Street Nursery she had limited vocabulary, was unable to concentrate and ate everything – crayons, paper, sand etc. Nursery staff gave D one to one attention and developed an educational plan that included helping her parents to find a speech therapist and child psychologist to work with the whole family.

After a term and a half at the Nursery the difference in D is striking. She now speaks, she can concentrate for ten minutes at a time and she is starting to observe and play alongside the other children. Her parents are delighted and confident that if she continues at the Nursery she will be ready to start school when she is five.

**Names and some details have been changed to maintain confidentiality*



Highlights of 2010/11 included:

- Church Street Nursery was awarded an Outstanding OFSTED in care and education. This is the highest level that OFSTED awards and means they rate the provision to be of exceptionally high quality.
- The summer play scheme was once again a big success and on the last day 30 children, parents and staff enjoyed a coach trip to Chessington World of Adventures.
- Dolphin Square Foundation funded a one year project helping to relieve the affects on families living in overcrowded accommodation. As a result, staff now have a better awareness of the problem and we have strengthened our links with local agencies that offer advice on housing issues.
- We are working on a new business model at Church Street Nursery to increase fee income following the grant cuts by Westminster City Council. Volunteers from Marks & Spencer are helping us deliver the plan.
- The staff team at Church Street Nursery added to their already impressive list of qualifications. The Manager gained level 4 and 5 ILM leadership and management; the Deputy Manager graduated with a BA Hons in early years; other members of staff gained an OU degree in early years and a first aid qualification.
- Chiswick Childrens Centre at Barrowgate Road continued its programme of health and education sessions run by voluntary and statutory groups for local families.



Statement of financial activities

Income and Expenditure Account for the year ending 31 March 2011

	Unrestricted Funds 2011	Restricted Funds 2011	Total Funds 2011	Total Funds 2010
Incoming Resources				
Incoming resources from generated funds				
Voluntary Income:				
Grants and donations	20,299	137,169	157,468	122,089
Investment Income	92,239	-	92,239	65,706
Incoming resources from charitable activities				
Supported Housing	616,708	20,000	636,708	636,798
Over 50's services	186,681	22,529	209,210	217,371
Children's services	235,367	26,404	261,771	223,845
Other Incoming resources	229,000	-	229,000	-
Total incoming resources	1,380,294	206,102	1,586,396	1,265,809
Resources Expended				
Cost of generating funds				
Costs of generating voluntary income	42,315	-	42,315	50,365
Charitable expenditure				
Supported Housing	580,027	42,973	623,000	539,661
Over 50's Services	221,279	104,546	325,825	286,749
Children's Services	229,114	40,311	269,425	279,331
Governance costs	54,017	-	54,017	52,248
Total resources expended	1,126,752	187,830	1,314,582	1,208,354
Net (outgoing)/incoming resources before transfers	253,542	18,272	271,814	57,455
Transfers	852,872	(852,872)	-	-
Net (outgoing)/incoming resources before other recognised gains	1,106,414	(834,600)	271,814	57,455
Other recognised gains				
Gain/(loss) in market value of investments held for the period	-	(15,350)	(15,350)	(7,950)
Actuarial gain/(loss) on defined benefit pension scheme	483,000	-	483,000	(649,000)
Net movement in funds	1,589,414	(849,950)	739,465	(599,495)
Fund balances brought forward 1 April 2010	(413,235)	1,039,551	626,316	1,225,811
Fund balances carried forward 31 March 2011	1,176,179	189,601	1,365,781	626,316

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The incoming resources and application of resources for the year excluding unrealised gains/losses on investments and revaluation of property are £(6,684) (2008: £(22,421)).

For a full copy of RADICLE's 2010/11 Annual report and accounts go to www.charity-commission.gov.uk/ or contact Claire Brooke on 020 7247 2458 or cbrooke@radicle.org.uk



Thank you

Many individuals and organisations have helped RADICLE during the past year through their partnership or financial support. Thank you to everyone who has helped us to deliver excellent services. They include:

The 29th May 1961 Charitable Trust

Albert Hunt Trust

All Saints Fulham

All Saints Hanworth

Allchurches Trust Limited

Awards for All

Besom

BlueBay Asset Management

Buzzacott Stuart Defries Memorial Fund

Canary Wharf Group

Childwick Trust

Church Welfare Association

City Bridge Trust

Coutts Charitable Trust

Dolphin Square Foundation

Dunhill Medical Trust

Gracechurch

Henry Smith Charity

Hillingdon Borough Council

Hounslow Borough Council

Holy Trinity Brompton

Hyde Park Place Estates

DWB (Time for Paddington)

Land Securities

Poplar Trust

PruPim

RBS Global Banking & Markets

Roger Davies

Rowan Charitable Trust

Salesforce Foundation

SMB Charitable Trust

Souter Charitable Trust

St Alban Harrow

St George in the East

St Martin's in the Fields Vicar's

General Fund

St Mary le Bow

St Paul's Cathedral

Stella Symons

StreetSmart

The Charity of Mary Baker

The Hedley Foundation

The Queens Chapel of the Savoy

The Leatherseller's Company

Charitable Fund

Time & Talents for Westminster

Tower Hamlets Borough Council

Vandervell Foundation

Westminster Amalgamated Charities

Westminster Charitable Trust

Westminster Foundation

William Allen Young Charitable Trust

Who's who at RADICLE

Trustees:

Judy Barrett (Chair)
Justin Bukspan
Peter Frackiewicz
Hayley James
Sherene Jose
Francis Khoo (Company Secretary)
Helen Mitchell
Sue Pettigrew (Deputy Chair)
David Rossington
Matthew Stone

Senior Management Team:

Michael Ryan – Director
Claire Brooke – Fundraising Manager
Stephen Kyle – Support Services Manager
Gaynor Wheeler – Children's Centres Programme Manager
Carolyne Yamoah – Financial Accountant

Please support us

We rely on voluntary donations to continue our work with vulnerable people across London. If you would like to support us, please make a donation online at www.radicle.org.uk or call Claire Brooke on 020 7247 2458 for more information.



The company was incorporated on 7 December 1995 and is a registered charity.
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