

RADICLE

Empowering and supporting young
homeless mothers and babies,
vulnerable older people and
disadvantaged young families

www.radicle.org.uk

ANNUAL REVIEW 2009/10



CONTENTS

2	Welcome
3	Our mission, values and aims
4	Young people services
6	Older people services
8	Children and family services
10	Financial information
11	Thank you

WELCOME TO THE 2009/10 REVIEW

This review highlights our key achievements over the past year and how we have helped so many individuals in London to improve their lives. In the current tough economic climate we are enormously grateful to everyone who has contributed to our work. Staff and Trustees have worked exceptionally hard and we are delighted to welcome three new Trustees to the Board. The list of funders and examples of volunteering and pro bono work demonstrate how much partnership adds value to our work. Service users are at the heart of the organisation and we are keen to involve them in

the management, design and delivery of our services. A number of service users met Trustees before the December Board meeting to give their views on RADICLE's services. Careful housekeeping and a rein on spending meant we finished the year with a modest surplus, ready to face what we know will be a demanding year ahead. We rely on voluntary contributions to continue our work and if you are able to make a donation to RADICLE please complete the tear off form or visit our website at www.radicle.org.uk

Michael Ryan, Director
Judy Barrett, Chair of Trustees

Who's who at RADICLE

Trustees:

Judy Barrett (Chair)
Francis Khoo (Company Secretary)
Sue Pettigrew (Deputy Chair)
Alison Wynd (resigned 30.09.09)
Helen Bedser (resigned 26.10.09)
Helen Garry (resigned 28.07.09)
Matthew Stone
Paul Saville (Treasurer) (resigned 07.04.10)
David Rossington (elected 16.06.10)
Lucy Pickering (elected 16.06.10)
Peter Frackiewicz (elected 16.06.10)

Senior Management Team:

Michael Ryan – Director
Claire Brooke – Fundraising Manager
Stephen Kyle – Support Services Manager
Gaynor Wheeler - Children's Centres Programme Manager
Carolyne Yamoah – Financial Accountant

Our mission, value and aims

RADICLE is a service-providing organisation with Christian social justice roots which provides practical and emotional community-based support services for isolated and vulnerable people; empowering them for independent living and responsible citizenship through direct support services, prevention work, education, affirmation and peer support. These services are accessible to people of any faith or none.

Our mission is to empower and support London's vulnerable and disadvantaged by:

- involving them in life-enhancing activities
- empowering them to take control of their lives and responsibilities
- engaging with them as whole persons.

Our values:

- we carry out our work with respect, equality, dignity, tolerance and compassion
- we work alongside people, not 'do it for or to' them
- we are partners together, building better communities.

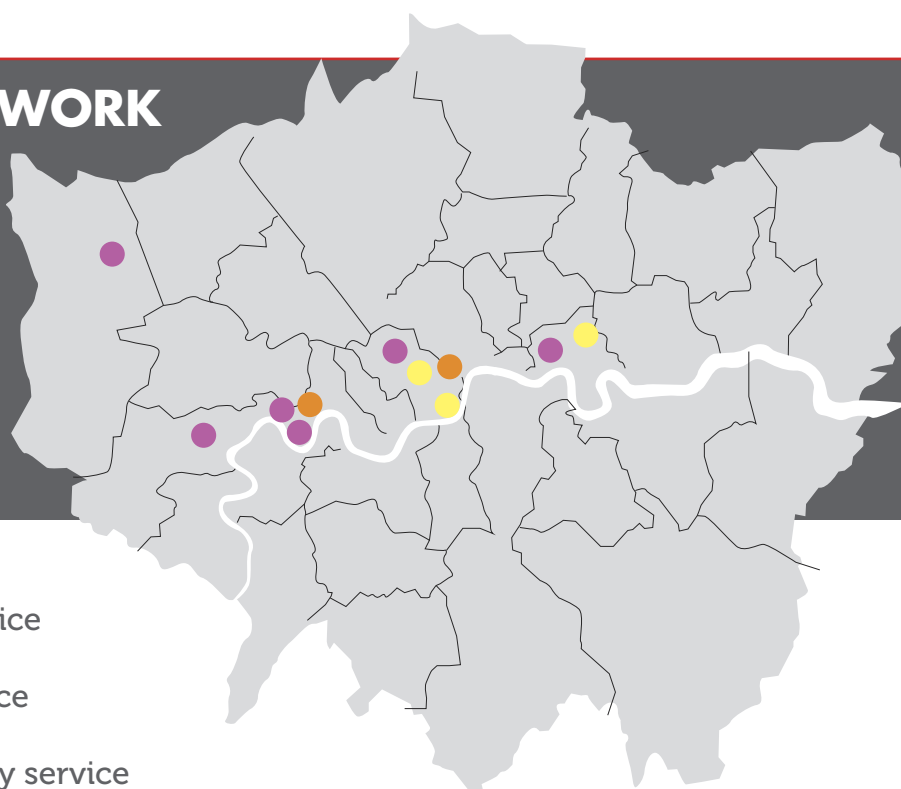
Our aims:

- to show our commitment to social justice and equality based on Christian values
- to support people in meeting their physical, mental, emotional and spiritual needs in practical ways
- to respond to emerging needs.

WHERE WE WORK

Our services are located across four London boroughs. Hillingdon, Hounslow, Tower Hamlets and Westminster

- Young people service
- Older people service
- Children and family service



Young people services

We provide accommodation and support to homeless young mothers and their babies. Our aim is for them to have the abilities and contacts they need for confident motherhood and independent living once they leave our care. Last year we supported 60 young homeless mothers and their babies to move on to live independently.

Highlights of 2009/10 included:

- Residents and other local young parents enjoyed a regular drop-in session organised at our Whitechapel residential scheme by Bromley by Bow Children's Centre. They learnt cooking and first aid and enjoyed trips to the theatre and local parks;
- Mums and babies from St Margaret's House had a wonderful day at London Zoo organised and paid for by the community of Christchurch on Turnham Green;
- A session on sexual health at St Margaret's House helped to increase the residents self esteem and confidence in their relationships with their partners;
- Residents and other local parents attended an IT course at Whitechapel to help them get back into education or find employment. The course was funded by the Wakefield & Tetley Trust, Centrepont provided the tutor and John Smith Children's Centre provided the crèche;
- Seven proud young mums at Queens Walk were presented with certificates for completing a 12 week programme in first aid, healthy living, confidence building, sexual health and parenting;
- A photography project at Whitechapel, funded by St Katherine & Shadwell Trust, resulted in a stunning display of pictures of Young Tower Hamlets parents and their babies at the Idea Store on Whitechapel Road;
- The four residents at Hanworth Road are delighted with their refurbished kitchen and bathrooms thanks to the landlord RUTCHT and funding from Church Welfare Association;
- A brand new scheme for young mothers opened at Elm Court. It has 11 rooms each with their own kitchen and bathroom. There is a laundry room with a washing machine and tumble dryer, plus a communal lounge and a garden. St Margaret's House will close later in 2010 and be refurbished as an assessment centre for young people;
- We produced new leaflets for each of the residential schemes to promote them to key stakeholders;
- We make sure that when a young woman moves into any of our six schemes the room is clean with all furniture and furnishings in good repair. We are hugely grateful for the generous support of StreetSmart, Anton Jurgens Charitable Trust, The Mrs Smith & Mount Trust and The Rowan Charitable Trust, among others, to ensure this happens.



*Shona was brought up by her aunt and uncle. They disapproved of her boyfriend and when she became pregnant by him at 16 they were furious and threw her out. When she moved into RADICLE's scheme in West London she was frightened and withdrawn. She was apprehensive about her pregnancy and wary of health professionals. Our Support Worker patiently spent time with Shona to help her settle in and offered to accompany her to appointments with her Health Visitor and GP. With support Shona admitted her depression to her GP and accepted treatment. She started to feel more confident and became friendly with the other residents who reassured her. She also got back in touch with her boyfriend who was keen to be at the birth. Once her baby was born Shona's depression lifted. She enjoys being a mother and is planning to move in with her boyfriend and enrol on an IT course. Her Aunt has made tentative enquiries about the baby and Shona is hopeful of a reconciliation.

*Names and some details have been changed to maintain confidentiality

Older people services

Our two Drop-in Centres in Westminster and our lunch club in Bethnal Green are open Monday to Friday to local older people. In addition to a nutritional meal we offer support, advice and a range of activities to improve mental and physical wellbeing. Last year 700 older people enjoyed lunch, took part in activities, met friends or accessed help and advice at our three services. No membership is required.

Highlights of 2009/10 included:

- We helped older people to stay healthy by serving over 19,000 nutritious, freshly cooked lunches;
- 75 older people enjoyed St Margaret's Tea Dance on 25 April chatting with friends, eating a delicious tea and dancing to the Hugh Ockenden band;
- We hosted the Westminster Health Roadshow so older people could have a say in the health services provided in their local area;
- Local engineering company Davy Protech raised much needed funds by taking part in a Dragon Boat race in Paddington Basin – and winning!
- 30 older people learnt about Tudor history when a team from the Mary Rose visited St Margaret's Drop-in Centre with artefacts and stories from the historic ship;
- We welcomed new friends to St James the Less Lunch Club when a local pensioner group needing a new meeting place joined our existing group;
- Staff and volunteers made over 500 visits to older people at home or in hospital who were unable to come into the Centres due to ill health;
- We are hugely grateful to the funders who enabled these vital services to continue, including Merchant Taylors Company, the Mercers Company, Westminster Foundation, the Vintners Company and Dunhill Medical Trust.





DL is in his late 80s and has been coming into the Centre for many years. He was an active volunteer in good health until he had a bad fall last year which resulted in a short spell in hospital. It really knocked his confidence and he wouldn't go out for several months. The Manager visited him at his home and kept in touch by telephone encouraging him to get up and about again. Now he is coming back into the Centre once or twice a week as long as someone escorts him there and back.



Children and family services

By providing childcare that is appropriate, affordable and sustainable, we support families into work and out of poverty. Last year we supported 150 families to access educational, social and health services in Church Street Nursery, Westminster and at Chiswick Children's Centre.

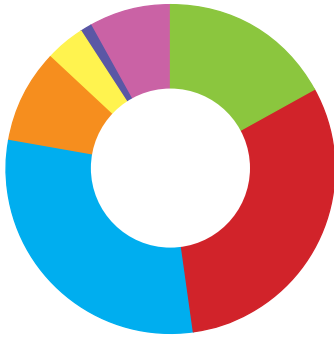
“I am so pleased with having my daughter at the nursery, as it has allowed me to go back to studying” Ms C is a single mother of a two year old daughter who attends Church Street Nursery for 15 hours per week. She is one of the families who are benefitting from the pilot funding scheme for two year olds running in selected settings in London Boroughs with high levels of deprivation. Church Street Nursery was chosen because of its Outstanding OFSTED award. Ms C hopes to enrol on a nursing course.

Highlights of 2009/10 included:

- Church Street Nursery ran very successful summer and half term play schemes for children up to eight years old. It helped working parents and their children enjoy a range of fun and educational activities; the schemes also supported vulnerable and families in need;
- ICT equipment purchased with a grant from Westminster City Council allows children to learn basic ICT skills such as using cameras, videoing equipment, computers and programmable toys and parents to see videos of how their children are progressing at the nursery;
- Due to its outstanding OFSTED status Church Street Nursery is taking part in the pilot offering three hours a day free for two year olds;
- Funding from Westminster City Council for the kitchen at Church Street Nursery to be refurbished means the children can take part in cooking activities and learn about health eating and nutrition; the nursery can now support more children for full day provision, thus supporting working or studying families;
- Dolphin Square Foundation awarded the Nursery a grant for a one year project to support families living in overcrowded accommodation. The project recognises the importance of home circumstances and the negative effect living in overcrowded conditions can have on the child and the whole family. The long term aim is for families to have a more realistic expectation of their housing options and a better understanding of the intricacies of the residential market.

Financial information 2009/10

Income



■ Housing Benefit and Rental Income	17%
■ Housing Support Fees	31%
■ Local Authority Grants	30%
■ Charitable Foundations	9%
■ Other Grants	4%
■ Nursery Fees	1%
■ Other	8%

Total £1,265,809

Expenditure



■ Voluntary Income	4%
■ Supported Housing	45%
■ Over 50s	24%
■ Children Services	23%
■ Other	4%

Total £1,208,354

For a full copy of RADICLE's 2009/10 Annual report and accounts go to www.charity-commission.gov.uk/ or contact Claire Brooke on 020 7247 2458 or cbrooke@radicle.org.uk

Thank you

Thank you to all our volunteers, supporters and funders for your generous donations of time and money.

We benefited from volunteer and pro bono support estimated to be worth over £4,000 including:

- The Whitechapel Family Centre looked much more spacious once industrious PruPim volunteers cleared cupboards and sent a lorry load of broken and unwanted items to the recycling centre;
- RADICLE produced its first Annual Review with the help of volunteers from Barclays Wealth;
- Residents were able to play with their babies in the summer sun after hardworking volunteers from Salesforce.com spent a day clearing and tidying the garden at Queens Walk;
- 50 older people from Church Street Drop-in Centre had a wonderful day at the seaside in Eastbourne thanks to volunteers from Salesforce.com;
- SMART and PruPim loaned us meeting rooms;
- Isabel Evans at Media Trust made helpful suggestions on RADICLE's new website design;
- The Church Street Drop-in Centre got a fresh coat of paint and a spring clean by a team from PruHealth;
- At both Drop-in Centres older people celebrated Christmas at parties organised by generous corporate supporters Corus and Mitie;
- The outside play area at Church Street Nursery was given an imaginative make over by volunteers from the Department of Transport who planted flowers and vegetables, installed a bus steering wheel and painted welcoming signs in several languages;
- Kingfisher gave us a second hand overhead projector which we use for training;
- We had seven enquiries for Trustees resulting so far in three new appointments.



Thank you

We are grateful to all our funders this year who include:

The 29th May 1961 Charitable Trust
All Saints Hanworth
Anton Jurgens Charitable Trust
Austin & Hope Pilkington Trust
The Church Welfare Association
CityAction
Coutts CharitableTrust
Denton Wilde Sapte Charitable Trust
Dolphin Square Foundation
Davy Protech
The Dunhill Medical Trust
Edward Harvist Trust
Garfield Weston Foundation
Hillingdon Borough Council
Hounslow Borough Council
The Kathleen Laurence Charitable Trust
The Leathersellers Company Charitable Fund
Marsh Christian Trust
Mercers Charitable Foundation
Merchant Taylors' Company
Mrs Smith & Mount Trust
Paddington Waterside Partnership
PruHealth
R S Brownless Ch Trust
The Rowan Charitable Trust
Salesforce.com
The Souter Charitable Trust
St Katharine & Shadwell Trust
St Pauls Cathedral
StreetSmart
Tower Hamlets Borough Council
The Vintners Company
Waitrose Barbican
Waitrose Chiswick
Wakefield & Tetley Trust
Westminster Amalgamated Charity
Westminster City Council
The Westminster Foundation
William Allen Young Charitable Trust

RADICLE

The company was incorporated on 7 December 1995 and is a registered charity.

Registered Office: 38 Newark Street, London, E1 2AA

General Enquiries: 020 7247 2458 Fax: 020 7247 6921

Registered Charity No 1051409 Company Limited by Guarantee
Registered in England & Wales No 3135106

www.radicle.org.uk

You can make a difference

PLEASE SUPPORT US:

Every donation you make to RADICLE, no matter what size, makes a real difference to the lives of disadvantaged people in London.

- £65 purchases fun, educational games and toys for the playrooms in our residential schemes for homeless young women and babies.
- £600 pays for a coach so 50 older people who won't have a holiday this year can have a day trip to the seaside.
- £725 refurnishes a room in our residential schemes for homeless young women and babies.
- £1,260 secures a place at our nursery for 12 weeks so an unemployed parent can leave their child while they gain the skills they need to get a job.

I would like to support RADICLE with a donation of

Amount £

Title..... Name

Surname.....

Address.....

.....

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.....Postcode.....

Email

I am a UK taxpayer and would like to Gift Aid this donation and all future donations until further notice (see details overleaf).

Signature.....

Date / /.....

Please complete this form and return it with your donation to RADICLE
38 Newark Street, London E1 2AA
Tel 020 7247 2458 or make a donation online at www.radicle.org.uk

Are you a UK taxpayer?

If so, you can use Gift Aid to make your donation go further by completing this declaration. If you Gift Aid your donation, RADICLE will receive an additional 28p. Charities can claim Gift Aid tax relief of 25p on every pound you give. HMRC will also be operating transitional provisions for Gift Aid donations made from 6 April 2008 until 5 April 2011, paying a Government supplement of 3p on every pound you give.

To qualify for Gift Aid, you must pay an amount of UK Income Tax and/or Capital Gains Tax at least equal to the tax that the charity reclaims on your donations in the appropriate tax year – 6 April one year to 5 April the next.

- You can cancel this declaration at any time by notifying RADICLE.
- If your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration.
- If you pay tax at the higher rate you can claim further tax relief in your self assessment tax return. Don't forget that you can donate that tax relief to RADICLE by indicating so on your self assessment form.
- Please notify RADICLE if you change your name or address.

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